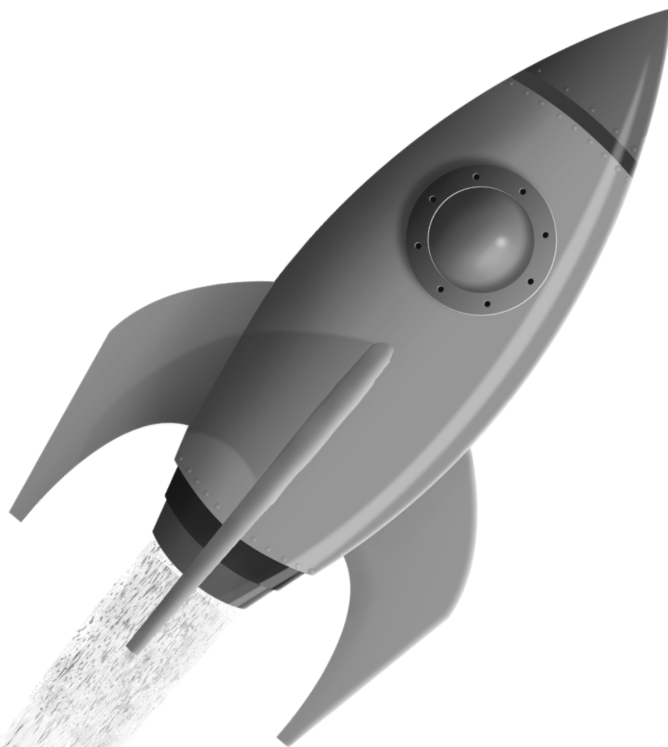


FOUR DAY RETREAT FOR LIFE AND SUCCESS



CO-*Inspire*

Breathe New Life Into Your Company and People



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Hello! And welcome to this exciting event. We are so glad you can be here. Before we begin, we would like to introduce you to the Owner and President of CO-Inspire. Steven Vaughan has been the husband of Jennifer for over 35 years. He is the homeschool father of 6, a Ziglar Legacy Certified Trainer and Coach, LOGOS Speech and Debate Coach, small business owner, entrepreneur, speaker, teacher, musician, coffee roaster, and all-around good guy. He truly believes that we were designed for accomplishment, engineered for success, and endowed with the seeds of greatness;

that God wants us to live fully alive to His glory, and that we really can be happy, healthy, reasonably prosperous, secure, have good friends, peace of mind, good family relationships, and hope that the future can be better than the present.

You are all about to embark on a journey that can change your life. It's been said that in today's world, most people work just hard enough not to get fired. In fact, according to Gallup, only about 30% of workers are truly engaged in the work they do. That means close to 7 out of 10 employees, supervisors, managers, etc. are doing just enough to get by. By putting into practice the principles and concepts of this course, you will be on your way to making your dreams and goals become a reality. Steven has found that personal and professional success and satisfaction is no accident. It comes through the choices we make, and there is a formula that individuals and organizations can follow to greatly increase the opportunity for success.

A Note From Steven

"For the past 30 years, I have been engaged in all aspects of the healthcare business. As a Registered Nurse, I started my career working for a large hospital and then for a number of national and local homecare companies. In 1998, I founded a nursing company and built it into a successful vascular access business that still operates in the Denver Metro area. My history as an employee and a business owner has given me a unique perspective. I have seen all sides of the business environment, including the good, the bad and the ugly!

One of my greatest joys is teaching and training others. I have taught nurses, LPNs, patients and their family members. I have also taught public speaking, critical thinking, team building, speech writing and presentation skills to people from high school age and up.

Through all these life experiences, I have discovered that to build a business, you must build your people. As a Ziglar Legacy Certified speaker and coach, I would love to share this people-building formula with you and your team. Your business can grow stronger and prosper."



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Seven Principles of Life Parts 1&2. There are seven basics principles in life that we all need to know. These principles work 100% of the time. Deciding to harness and use these principles to your advantage will lead to your success.

Choose to Be. Before you can even think about what you are going to do or what you plan to have in life, you MUST be the right kind of person. While these qualities may seem obvious, you still need to CHOOSE to BE.

A Biblically Healthy Self-Image. How do you see yourself? When you talk to yourself, what do you say? This talk along with the various activities will lead you on the path to a healthy and Biblical self-image.

From Curse to Blessing. The story of Jabez and his prayer has prompted books, bible studies, and much discussion. There are only 2 verses written about him in the Bible, but we can learn much about his life and how God changed him and can change us in the same way.

Winning Relationships Parts 1&2. We all need other people, or as one person said, “No man is an island.” However, many do not understand how to build a good relationship with others. Part One of this talk will have you begin to understand the differences in people, and how we need each type of person to adequately accomplish our goals. You may have heard the adage, “It’s not what you know it’s who you know.” That’s entirely correct. And what’s also correct is that you already know everyone you need to know right now. The second talk and exercise will teach you to build on the positives of your relationships, as well as get to know yourself even more.

Goals and Achievement Parts 1&2. And speaking of Goals, most people have no idea what they even want out of life. The Bible says that God has prepared good works for us that we should walk in them. We will begin to see what some of those things may be in this talk and exercises. In the second part of this talk, we will begin to filter your goals, as well as get you on the road to achieving those goals.



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The Importance of Story. Whether you are doing school assignments, interviewing for a job, marketing, or a myriad of other things, understanding the power and importance of story will help drive your narrative so others can better understand. Be prepared for a really fun activity too.

Attitude – Our Approach to Life. So much in life is about how we approach the situations we find ourselves in. Are details important? Should I take an easier path? Why is change so hard? What do I do when people offend me? It's all a matter of perspective.

Work, And Then Some. A good work ethic is essential if you are going to succeed. This talk and the subsequent activity will help drive this home. Be ready to partner up for some competition, and then some.

Obvious Greater Value. In this talk and activity time we will start to discover that there is a way to compete in most things at a level where most don't even know there is a game being played. What? You'll see.

Fanning the Flames. Ever wonder how some people just seem to be able to do things even against all odds? The answer is desire and intelligent ignorance. In other words, people who don't know what cannot be done often just go ahead and do it. So can you.

Everything You do Matters. No matter what you do, or don't do, every action you take, or don't take, matters. Make every single day count.

What really is the Best? It All Comes Down to Choice. In this final lecture, we will review all we have covered, and sum it up into the main message and the ultimate challenge. What will you choose to do now?



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Live Stream Schedule

Schedule - Day 1

6:30 PM Seven Principles of Life and Success

Schedule - Day 2

9:00 AM Choose to Be

10:15 AM Break

10:45 AM A Healthy Biblical Self-Image

12:00 PM Lunch Break

1:00 PM Changing Your Self-Talk

2:00 PM Break

2:15 PM Developing Winning Relationships - Part 1

3:30 PM Break for onsite activities and Dinner

6:30 PM Goals and Achievement - Part 1



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Schedule - Day 3

9:00 AM	Goals and Achievement - Part 2
10:00 AM	Break
10:15 AM	The Importance of Story
12:00 PM	Lunch Break
1:00 PM	Attitude - Our Approach to Life
2:30 PM	Break for onsite activities and Dinner
6:30 PM	A Better Work Ethic

Schedule - Day 4

9:00 AM	Obvious Greater Value
10:30 AM	Break
1:00 PM	Fanning the Flames
2:00 PM	Developing Winning Relationships - Part 2
4:15 PM	Everything Your Do Matters
5:30 PM	Dinner Break
6:30 PM	What Really is "The Best?"
7:30 PM	Closing

